



From the Principal's Desk

Celebrating The Spirit of Indian Festivals

With its rich cultural heritage, India is a land of vibrant festivals. Each festival we celebrate has its unique significance, traditions, and rituals, yet they all share a common thread—a celebration of life, unity, and togetherness. As we observe these festivals, we are reminded of the values that have shaped our society for centuries: respect for nature, love for family, and the importance of giving back to our communities. At our school, we strive to impart academic knowledge and an understanding of the diverse cultures and traditions that make India so unique. Festivals like Diwali, Holi, Eid, Christmas, Durga Puja, and many others are not just occasions for celebration but are opportunities for learning, reflection, and bonding. They teach us important life lessons, like the triumph of good over evil, the power of forgiveness, the importance of sharing, and the joy of togetherness.

Learning Through Celebrations: While festivals provide us with moments of joy and festivity, they also serve as reminders of the values we hold dear. During Diwali, we reflect on the importance of light—both in the form of knowledge and wisdom. During Raksha Bandhan, we learn the significance of family bonds and the responsibility we have towards one another. And during Christmas, we remember the virtues of kindness, generosity, and compassion. As educators, it is our responsibility to guide our students through these traditions and ensure that the essence of each festival is passed on to future generations. By embracing the customs of our festivals, we instill in our students a sense of pride in their cultural identity while also nurturing values that contribute to their holistic development.

Festivals: A Bridge to Unity: In today's globalized world, it is more important than ever to preserve the unique traditions of our culture while also embracing the values of inclusivity and harmony. Festivals in our school not only celebrate the diversity of India but also act as a bridge that connects us all, regardless of background, faith, or region. They provide our students with a platform to interact with peers from different communities, fostering mutual respect and understanding. As we continue to grow and evolve as a school, let us remember that the festivals we celebrate are not just events on

the calendar, but opportunities to teach our students about life, unity, and the importance of living in harmony with others.

Wishing You All a Joyous Festival Season!

In closing, I encourage all our students and their families to embrace the spirit of celebration, learning, and togetherness that each festival brings. May these occasions be filled with joy, peace, and the warmth of family and community. Together, let's continue to celebrate the vibrant mosaic of Indian festivals, passing on their timeless values to the generations that follow.

- Ms. Sripurna Sarma,
Principal

Chief Editor

- Ms. Sripurna Sarma, Principal

Editorial Committee

Pre-primary

- Ms. Shalini Sharma
- Ms. Tresa Jashmine
- Ms. Zehra



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Quote of the month

*Leadership and learning are
indispensable to each other .*

- John F Kennedy



EVENTS

HSCP Induction, Corporal Punishment & POCSO Training

Ryan International Academy, Sarjapur is committed towards providing a safe learning environment and safeguarding children's rights and safety against any offenses. A training workshop was organized on 13th September 2024, i.e. Friday at Ryan International Academy, Sarjapur.

Respected Principal Ms. Sripurna Sarma conducted a session on "Protection of Children from Sexual Offenses Act (POCSO). The workshop on POCSO Act was organized with the primary objective of educating teachers on the legal framework, responsibilities, provisions and best practices related to child protection. She discussed the important features of this Act, like complete privacy, age of consent is irrelevant, mandatory reporting and gender neutrality. She also shed light on the processes under the POCSO Act, like processes at the police station, at the Child Welfare Committee, for the medical examination of the child, at the Special Court and the role of Police. Case studies and real-life scenarios were presented to enhance their ability to identify possible victims. The workshop also explored preventive measures, including the importance of age-appropriate sex education, open communication with students, and building a culture of trust within the school community. The workshop served as a crucial step in empowering school staff to fulfill their duty as protectors of children's rights and safety.

Training was also regarding HSCP (Health Safety and Child Protection) and Corporal punishment. She explained about the HSCP culture that ensures happy children, staff and parents, leading to a positive school working environment. The sole aim is to reduce or prevent serious injuries, accidents, harm and abuse. She addressed that Corporal Punishment violates children's rights to enjoy their lives of health issues through direct physical harm and mental torture, which affects children's cognitive and mental development. It also negatively affects children's cognitive development. It develops aggression in children and affects children's moral values and relationships with families and other people. She emphasized the role of school staff members in corporal punishment. All school members must ensure that all children enjoy their rights as per the RTE Act. All children should be treated in school in a manner that motivates children to stay in school and learn. No physical punishment will be given by anyone to the children, and it will not be permitted. Mental harassment should not be permitted in school. No form of discrimination should be permitted in school based on religion, caste, disability, gender, class, etc. The school environment should be kept free of any fear, trauma, or prejudice by all the school members.

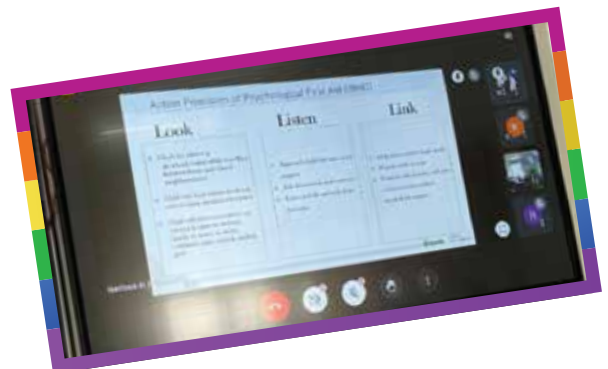
Training was extremely beneficial and valuable for the safe and secure functioning of the school.

EVENTS

Teachers Training Workshop on Psychological First Aid

“PFA isn’t about fixing everything. Being a supportive presence can make the difference!” Psychological First Aid (PFA) provides a framework to better prepare individuals to identify signs of distress, engage in supportive and active listening, and understand how to link individuals with additional care when needed. To gain insights about Psychological First Aid (PFA), a Teacher’s Training workshop was organized on 21st September 2024, i.e. Saturday at Ryan International Academy, Sarjapur. We expressed heartfelt thanks to an exemplary trainer, Ms. Nerissa Hendricks from Fortis Healthcare, for providing an impactful, concrete and learner’s centric training workshop. The guest speaker established a good rapport with the facilitators. The session was truly rational, and had a pragmatic approach. The trainees shared their school experiences and figured out the right solutions from the resource person.

The training session aims to enable participants to know more about reactions to distress, gain knowledge about what psychological first aid is and what it is not, understand the three action principles of ‘Look, Listen and Link’, practiced providing PFA to someone in distress, consider complex reactions and be aware of the importance of self-care when helping others. Facilitators were made aware of 6C’s Psychological First Aid Tool Kit. It covers the areas of safety and comfort, contact, to understand and address concerns, providing coping skills to empower, connecting with



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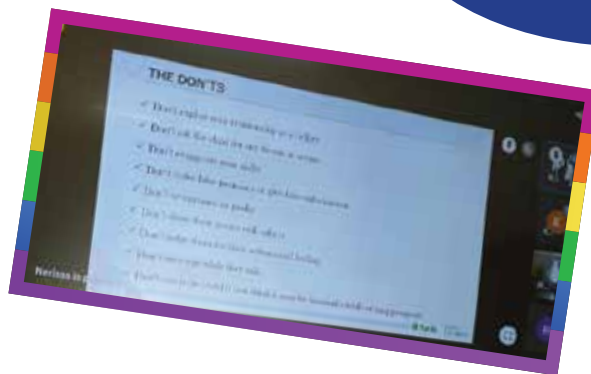
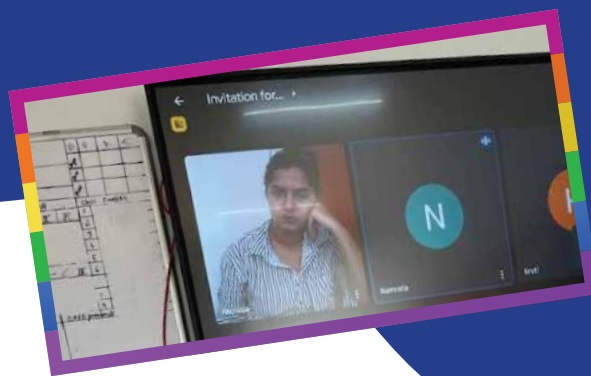
support systems, caring for yourself and your colleagues.

The beneficial takeaway from this session was to establish a human connection in a non-intrusive and compassionate manner. Constructive feedback was given by facilitators. The highlight of the workshop was to “Care for Care Seekers” by implementing the noble principles ‘Look, Listen and Link’. We are extremely thankful to the Ryan management for providing the platform for conducting a knowledgeable workshop for facilitators, which was actually beneficial for effective classroom management.

Parent Teacher Meeting Mont I to Grade VII

The Parent Teacher Meeting was scheduled on 19th October 2024 i.e. Saturday at Ryan International Academy, Sarjapur. Today’s PTM was meant to highlight the progress of the students, and it was also focused on the comprehensive snapshot of our school’s commitment to holistic education and community involvement.

At different grade levels, there was proper planning and execution of presentations like Toy Band and Karnataka folk dance presentation by Montessori, Musical instrument presentation, Speech and Drama presentation on the theme “Save Electricity”, Media presentation, Martial Arts presentation, Coding presentation, Innovation Project display, Dance performance, different food stalls set up by students, display of Eco club, Home science and art club work, Young journalists interview with parents for feedback.



EVENTS

The PTM was also featured with an exemplary exhibition of earthen lamps depicting Madhubani Art, handmade Bird Feeders by Eco club students and Home Science food stalls. These Community Service fundraiser activities served as the best learning experience as students participated in it and gained knowledgeable insights.

PTM incorporated the City Transformation program through an E-waste collection drive in collaboration with Lion's Club and plantation drive, allowing parents to actively participate alongside our students. In conclusion, in this PTM, parents gained faith and understanding in the ways that schools adopted and nurtured their children through different hands-on-activities.

ACTIVITIES

Field Trip to the Nursery Mont III

On 23rd September 2024, Montessori III students embarked on an exciting educational journey to a local nursery. This field trip was designed to connect children with nature and offer them the chance to explore the diverse world of plants and gardening.

During the visit, students learned about the different parts of plants and discovered what plants need to grow, such as sunlight, water, and soil. This hands-on experience enriched their understanding of plant life cycles and the importance of greenery in our environment. The students were engaged



ACTIVITIES

with nursery staff, asked insightful questions, and expressed their creativity by drawing the plants that captured their interest.

Overall, the visit was a wonderful blend of fun and learning, inspiring a greater appreciation for nature and sustainability among our young learners.



COMPETITIONS

National Nutrition Week - Mont I to III

During the National Nutrition week, Montessori classes engaged in exciting and educational activities to promote healthy eating habits among students. A key highlight was the "Healthy Plate Competition", where students participated by creating balanced plates. Each student pasted pictures of healthy food items, focusing on a mix of fruits, vegetables, grains, and proteins to balance nutrition. Teachers guided the students with fun drawing activities, helping them learn about different food groups in an engaging way.

Additionally, Montessori students prepared a delightful performance on a catchy fruits and vegetables song. This performance took place in the school's MPH, where the children sang and danced, highlighting the importance of incorporating fruits and vegetables into daily meals. The event was a joyful and informative celebration, encouraging young learners to make healthy food choices in a fun and interactive setting.



COMPETITIONS

Teacher's Day Celebration - Mont I to III

Teacher's Day in Montessori was a delightful and heartwarming event. The day was dedicated to honouring the wonderful teachers who inspire and guide our little learners with care and dedication.

The celebration began with a colourful assembly where children performed songs, dances, and recited poems to express their gratitude. Each class prepared a special performance, showcasing their creativity and affection for their teachers.

The highlight of the event was the presentation of handmade gifts and cards. The children crafted beautiful cards and small tokens of appreciation, which were given to each teacher. The smiles on the teachers' faces were priceless as they received these heartfelt gifts.

Overall, Teacher's Day in our school was a memorable occasion, reflecting the warmth and love that define our school environment.



CELEBRATIONS



Blue Day Celebration - Mont I to III

On 20th September 2024, RIAS celebrated Blue Colour Day with the Montessori I to III students. The event highlighted the significance of the colour blue, symbolizing peace, tranquility, loyalty, and wisdom. The children, dressed in various shades of blue, participated in fun and engaging activities to enhance their cognitive development. Montessori I students explored "My Blue Balloon," Montessori II enjoyed finger painting and colouring activities, and Montessori III drew "Blue Rain Drops." An array of blue-coloured objects like umbrellas, balls, and clouds were displayed, helping the young learners identify and connect with the colour. The day was a remarkable learning experience, promoting creativity and a deeper understanding of how colours influence our lives.

Celebrating the Love and Wisdom of Our Grandparents - Today and Every Day!" - Mont I to II

We had a delightful time celebrating Grandparents Day at our Montessori! The event was a joyful tribute to the special bond between grandparents and grandchildren.

The day kicked off with an energetic dance performance by our students, showcasing their enthusiasm and creativity. Following the



CELEBRATIONS



dance, the Toy Band entertained everyone with cheerful tunes that had the audience tapping their feet and clapping along.

Next, we organized fun games that encourage interaction and laughter between the generations. The ramp walk was a highlight, where children and their grandparents strutted their stuff, showcasing their unique styles and fostering a sense of togetherness.

The celebration was filled with smiles, stories, and a shared sense of love. Thank you to all the grandparents who joined us and made this day truly special! Your presence and participation enriched our community, and we look forward to many more moments together.



'Joy of Sharing' - Mont I to III

Our Montessori students experienced the joy and togetherness of Diwali with a heartwarming celebration. The day was filled with fun activities, creativity, and the spirit of sharing. Students joyfully painted diyas, symbolizing the festival of lights, and brought sweets from home to share with friends and teachers.

Our Principal, Sripurna Sarma, added to the festive spirit by distributing gifts to our hardworking support staff, including helpers, drivers, bus attendants, and housekeeping staff, recognizing their invaluable contributions. The celebration was a beautiful reminder of the joy found in giving and gratitude.

ACTIVITIES

World Students' Day Mont I to III

On the occasion of World Students' Day, we celebrated the legacy of Dr. A. P. J. Abdul Kalam by conducting a Role Play competition for the students of Mont I to III. This event aimed to inspire young minds by encouraging them to embody the values and spirit of Dr. Kalam, one of India's most beloved leaders and visionaries.

Each child had the opportunity to dress up and participate in the role play, portraying different aspects of Dr. Kalam's life, his contributions to science, education, and his role as the "People's President." The activity fostered creativity while building confidence and public speaking skills, helping the children appreciate the importance of knowledge and perseverance in achieving their dreams.

Indian Air Force Day Mont I to III

Indian Air Force Day was celebrated with enthusiasm on 21st October 2024 by the students of Montessori I to III. The event honoured the bravery and dedication of the Indian Air Force personnel who protect the skies of the nation. The celebration began with a brief introduction to the role and significance of the Air Force, helping the young students understand their vital contributions to national security.

In a creative activity, the children expressed their love and gratitude to the air force fighters by



ACTIVITIES

making “Thank You” cards. The students brought card-making materials from home and displayed remarkable creativity and effort in designing heartfelt messages and illustrations. This activity helped instill a sense of respect and admiration for the armed forces among the children while nurturing their artistic skills. It was a memorable day, filled with learning, creativity, and patriotic spirit, as the young Ryanites showed their appreciation for the nation’s defenders.

Orange Day - Mont I to III

Bright and Beautiful Orange Day Celebration in Montessori classes was a vibrant and joyful event that filled the classroom with creativity and excitement. Montessori I students participated by dabbing ear buds in orange paint, making beautiful patterns that helped them explore color and develop fine motor skills. Montessori II students engaged in a palm painting activity, creating a charming fish aquarium with golden fish shapes from their handprints, which encouraged both imagination and sensory development. Montessori III students demonstrated their artistic skills by painting orange slices using watercolors, learning to use different brush techniques and expressing their love for art. The orange-themed activities fostered color recognition, motor skills, and creativity, making learning a playful and engaging experience. The students thoroughly enjoyed the activities, with smiles and laughter filling the classroom, making the celebration a memorable and enriching event. Orange Day provided a fantastic way for young learners to connect with colors and art.



ACADEMIC ACTIVITIES

Introduction of Number 4 Mont I

In Montessori, introducing the number 4 is an exciting opportunity to engage young learners with the concept of counting and basic mathematics.

Recognize and Identify: Children learnt to recognize the numeral 4 and associate it with the quantity it represents. They sang number rhymes with the teacher with action.

Counting Skills: Children were Encouraged for counting to four using various objects, like blocks or fingers, matching flashcards (TLM), simple abacus, number puzzle, beads, pompom.

Comparison: They were Introduced simple comparisons, such as "more than" and "less than," using the number 4.

Conclusion: Understanding the number 4 sets the foundation for future math concepts. Through interactive activities, children will develop a strong sense of number recognition and counting, making math fun and accessible.

Learn Number 7, A Fun Way to Learn! - Mont II

This month in Montessori II, our focus has been on the number 7, and our young learners have been thoroughly enjoying the journey! We kicked off our exploration by counting various objects, such as seven colorful blocks and seven playful animals, seven different color balls and wooden sticks which helped them grasp the concept of



ACADEMIC ACTIVITIES

quantity. Engaging songs and lively rhymes featuring the number 7 made the learning process fun and memorable.

Tracing numbers helps young learners develop fine motor skills and number recognition. By practicing the shape and structure of each digit, children gain confidence in writing. This foundational skill not only enhances their handwriting but also reinforces their understanding of numerical concepts, setting the stage for future mathematical learning.

In the notebook, children created beautiful seven flowers and collages using seven different materials, fostering creativity while enhancing their fine motor skills. We also introduced simple math concepts of what comes after 7 and what comes before 7, using the number 7 through interactive games that promote teamwork and critical thinking. Storytelling sessions highlighted the significance of the number in daily life, encouraging curiosity about its role in nature and culture.

Parents can further support this learning at home by incorporating counting activities into daily routines, like counting snacks or steps. It's heartwarming to see our little ones embrace numbers with such enthusiasm, and we appreciate your continued support in their educational journey. Together, we are building a solid foundation for their future learning adventures.

Hopping to Before and After Numbers, Math Fun! Mont III

Our Montessori III students embarked on a playful and educational journey with "Hopping to Before and After Numbers." This engaging exercise combines physical movement with numerical understanding, making math learning both dynamic and enjoyable.

The activity began with a lively game where students hopped on number cards spread out across the floor. Each card displayed a different number, and our young mathematicians had to use their hopping skills to find the number that came before or after a given number. For example, when asked to hop to the number that comes after 4, the children leaped to 5 with enthusiasm and precision.

The exercise not only reinforced their understanding of numerical sequences but also helped improve their gross motor skills. By associating numbers with physical movement, students were able to visualize and internalize the concept of sequential order in a fun and interactive way.



ACADEMIC ACTIVITIES

Our Montessori educators were thrilled to see the children's excitement as they mastered new numbers and celebrated their achievements with high-fives and cheers. This hands-on approach is a cornerstone of our Montessori method, promoting both cognitive and physical development in a joyful and supportive environment.

MUSIC

Nurturing Rhythm and Creativity Through Play! Mont III

At Montessori, we believe in blending learning with creativity, and our recent "Toy Band" activity for the young learners is a perfect example of that. This engaging and fun-filled session allowed our students to explore the world of music using colorful, child-friendly instruments.

During the activity, the children experimented with various toy instruments such as tambourines, xylophones, drums, transforming the classroom into a vibrant orchestra. Not only did they have the opportunity to express themselves through sound, but they also learned the importance of rhythm, coordination, and teamwork.

This hands-on experience introduced the fundamentals of music in a way that's perfectly suited to their developmental stage. Through guided exploration, the students enhanced their auditory skills, fine motor coordination, and creativity while having fun. The Toy Band activity also



MUSIC

fostered collaboration, as the children learned to listen to each other and play together harmoniously.

Music is an essential element in Montessori education, helping to nurture focus, self-expression, and even early math skills. We look forward to organizing more such enriching activities, where learning meets joy!

INNOVATION

Rain Gauge - Mont III

The Rain Gauge Activity has a multifaceted impact on student learning and development.

By engaging with the water cycle, rainfall measurement, and related concepts, students gain a deeper understanding of natural processes that are essential to both weather patterns and environmental science. The hands-on experience of using a rain gauge to measuring rainfall allows students to connect theoretical knowledge with practical application.

This activity helps develop important scientific skills, such as observation, data collection, and analysis. By recording and comparing rainfall data, students learn to identify patterns and understand the significance of accurate measurement in weather forecasting and agriculture.

Overall, the Rain Gauge Activity not only enhances student's scientific knowledge but also cultivates essential skills that will benefit them in various academic and real-world contexts.



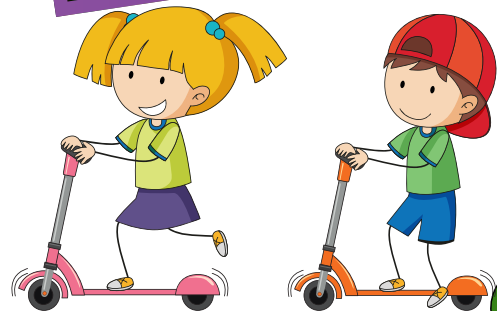
SPORTS AND GAMES

Small Jumps, Big Smiles! Mont II

This month, our Montessori students engaged in an exciting "Little Jumps" activity that focused on developing their gross motor skills and coordination. The activity involved a series of fun jumping exercises, allowing children to explore movement in a playful environment.

Students practiced jumping over soft obstacles, balancing on various surfaces, encouraging friendly competition. The emphasis was on movement, balance, and body awareness, all essential components of physical development at this age.

The "Little Jumps" activity not only promoted physical fitness but also enhanced social skills as students cheered for one another and celebrated each other's achievements. It was wonderful to see their confidence grow with each jump, highlighting the importance of play in learning.





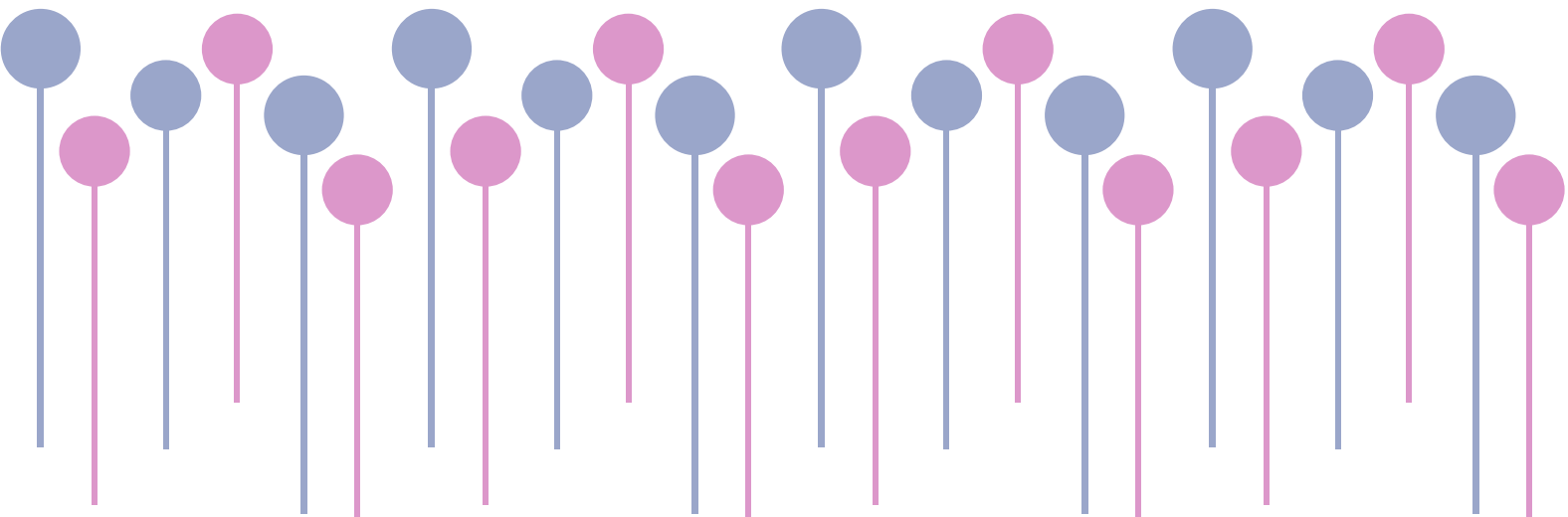
PARENT'S CORNER

I am writing to express my deepest gratitude for the exceptional support and love extended to my son, Krishiv Sharma. The remarkable progress he has made in his learning journey is truly commendable. Krishiv eagerly looks forward to attending school each day, filled with enthusiasm and a genuine love for learning.

The dedication and care shown by the entire school staff have made a significant impact on his development. Your nurturing environment has not only fostered his academic growth but also his overall well-being.

Thank you for creating such a positive and inspiring atmosphere for Krishiv. Your unwavering support and commitment to his education are greatly appreciated.

**- Mr. Rahul Sharma,
Father of Krishiv Sharma**





Role of Montessori Education in Nurturing Kids and Help them Grow Globally - Montessori education in Ryan International Academy is uniquely designed to nurture the holistic development of children, preparing them to thrive in a global society. This approach emphasizes independence, curiosity, and respect for all cultures, laying a strong foundation for children to grow as confident and compassionate global citizens. Here's how Montessori education in our school supports the growth of children on a global scale.

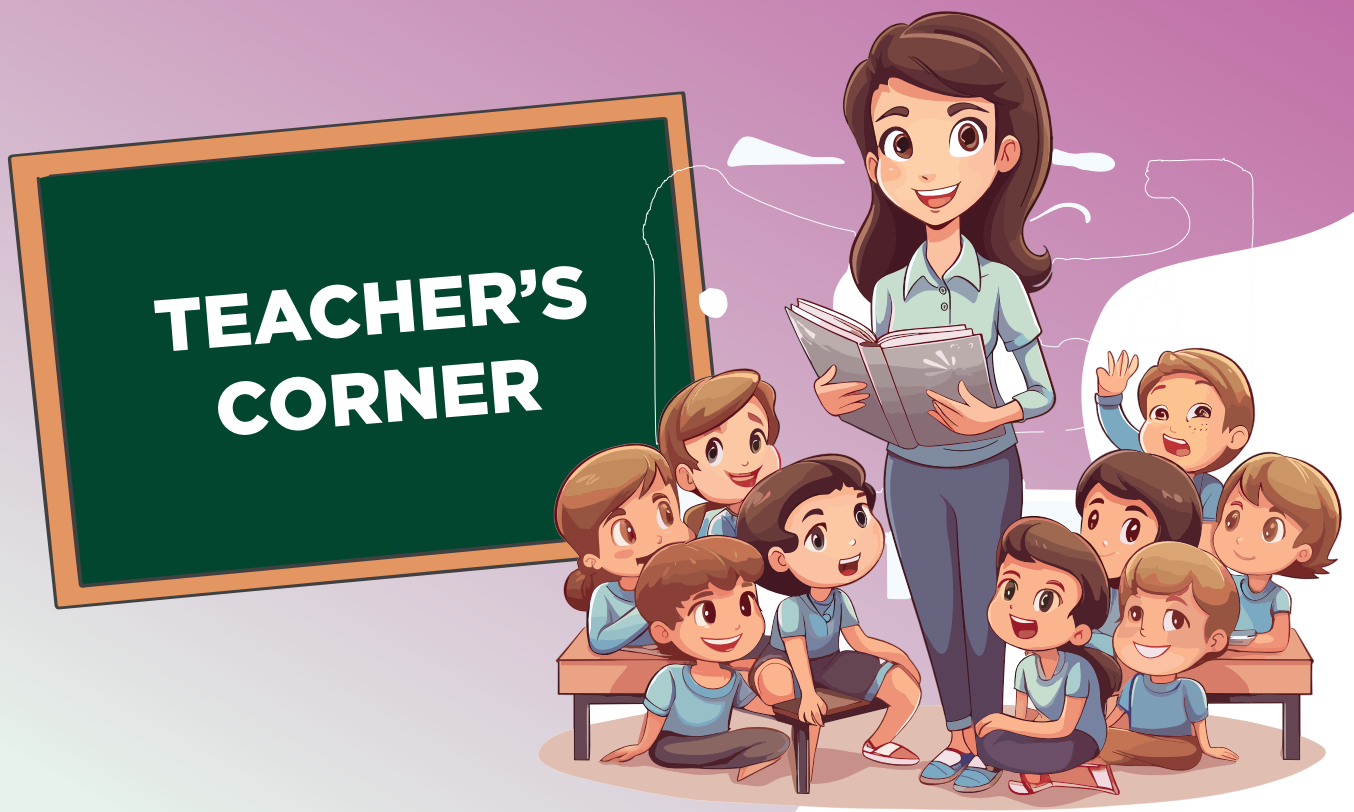
Encouraging Independence and Self-Confidence - From a young age, Montessori education fosters independence by allowing children to make choices, solve problems, and take responsibility for their actions. This self-directed learning builds confidence and encourages children to trust their abilities. As they grow, this independence helps them adapt to new environments and challenges, making them more resilient and resourceful in a global context.

Developing a Global Mindset - Montessori classrooms in our school are culturally rich where children are exposed to a variety of languages, traditions, and perspectives. By learning about the world through hands-on materials and multicultural lessons, children develop an appreciation for diversity. This global awareness fosters empathy, respect, and an understanding of different cultures, which are essential skills in today's interconnected world.

Cultivating Respect for the Environment - Montessori education places a strong emphasis on environmental stewardship. Children learn about the natural world through hands-on activities and are taught to respect and care for their surroundings. This awareness extends beyond the classroom, helping children develop a sense of responsibility towards the planet, which is crucial for addressing global environmental challenges.

Building Communication Skills - Montessori classrooms encourage children to express themselves, listen to others, and engage in meaningful conversations. Through activities children develop strong communication skills. These skills are essential for effective interaction in a global community, where the ability to articulate thoughts and ideas clearly is highly valued.

Conclusion - Montessori education provides children the right platform to develop and gain skills and mindset needed to develop as global citizen to thrive in a diverse and interconnected world. Through this



nurturing environment, children grow into confident, compassionate individuals ready to make a positive impact globally.

Ms. Isha Singh
Mother Teacher, Mont II

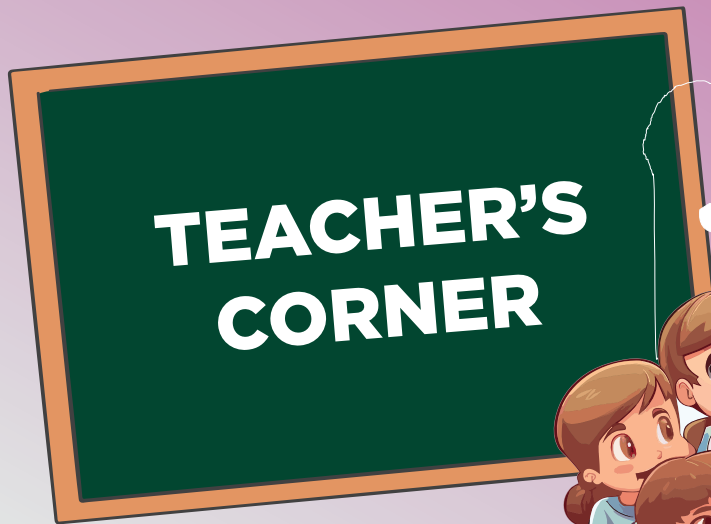
Women's Education and Empowerment are critical components for achieving gender equality, sustainable development, and the overall progress of societies. Education equips women with knowledge, skills, and confidence to participate fully in economic, political, and social life. Empowerment, on the other hand, involves providing women with the tools, resources, and opportunities to make independent decisions and control their own lives.

Importance of Women's Education:

- 1. Economic Growth:** Educated women are more likely to enter the workforce, leading to increased productivity and economic growth. When women work, they contribute to household income and the economy.
- 2. Poverty Reduction:** Educated women tend to have fewer children, which helps lift families out of poverty. They are also more likely to ensure their children receive education, creating a positive cycle.
- 3. Health Improvements:** Education increases women's awareness of healthcare practices, leading to better health for themselves and their families. Educated mothers are more likely to ensure vaccinations and proper nutrition for their children.
- 4. Gender Equality:** Education helps break down gender barriers by enabling women to challenge social norms and traditional roles, making way for more equal rights and opportunities.
- 5. Political Participation:** Educated women are more likely to participate in politics and civic life, advocating for policies that address gender disparities, education, healthcare, and other social issues.

Ways to Empower Women through Education:

- 1. Access to Quality Education:** Ensuring that girls have access to primary, secondary, and higher education without barriers such as early marriage, domestic duties, or societal pressures.
- 2. Skills Development:** Offering vocational and technical training to enhance women's ability to participate in diverse job sectors.
- 3. Entrepreneurship and Financial Literacy:** Teaching women about financial management,



entrepreneurship, and business skills helps them become financially independent.

4. Leadership Training: Empowering women to take up leadership roles in their communities, businesses, and political spheres.

5. Legal Awareness: Educating women on their legal rights, including rights related to marriage, property, and employment, equips them to fight against discrimination and abuse.

Barriers to Women's Education and Empowerment:

- **Cultural Norms:** Traditional roles that prioritize men's education over women's can limit opportunities for girls.
- **Economic Barriers:** Poverty can force families to choose between educating boys or girls, often to the detriment of girls.
- **Early Marriage and Pregnancy:** In many parts of the world, early marriage and pregnancy can cut short a girl's education.
- **Violence and Discrimination:** Gender-based violence, both within and outside educational institutions, can prevent women from pursuing education.
- **Lack of Infrastructure:** In many developing regions, schools are not accessible or lack necessary resources, particularly for girls.

**Ms. Namitha Marian Dsouza,
Co-Teacher, Mont III 'B'**

Upcoming Events

Transport Day
Children's Day
Thanksgiving Day
National Milk Day
Violet Day

